

INFORMATION FOR PATIENTS
HAVING THE MEASLES, MUMPS, RUBELLA (MMR) and Meningitis ACW&Y Vaccine

IT IS IMPORTANT YOU READ THIS INFORMATION PRIOR TO VACCINATION

NHS Public Health England advises that all 16-24 year olds should and have one dose of the meningitis ACWY vaccination plus 2 doses of MMR vaccine, 4 weeks apart to ensure lifetime protection.

If you are unsure of your vaccination history it is deemed safer to repeat the vaccination course than to be potentially unprotected.

You **should not** have either vaccine at this time if you have any of the following:

- Flu like symptoms with fever
- Are pregnant or trying to conceive – **MMR Vaccination only**
- Previous allergic reaction to any vaccine
- Impaired immune system

FOLLOWING VACCINATION

Any side effects from your vaccination are likely to occur within the first 12 - 24 hours of the vaccine being given and usually resolve after 72 hours from onset.

Most common side effects

- Minor local reactions such as swelling, pain and redness at the injection site may occur.
- A small painless nodule may form at the injection site this is harmless and usually disappears over time.
- Fever.
- Six to ten days following the MMR vaccination some people (approximately 1:10) may develop a fever and some develop measles like rash. If this occurs take Paracetamol or Ibuprofen every 4 to 6 hours until your temperature returns to normal. If it remains raised for more than 72 hours, please contact the Health Centre for advice.
- At twelve to fourteen days **following the MMR** you may develop a brief Rubella rash. Rarely a rash can occur after six weeks.
- Two to three weeks after the **MMR** injection some people may develop mumps-like symptoms (fever and swollen neck glands).
- You are not contagious so there is no need for any special precautions to be taken.

Rare side effects

With all vaccinations there is a possibility of an allergic reaction. This is very rare (1: 3 cases per million doses).

Symptoms:

- Difficulty breathing
- Swelling of lips, face, neck or tongue
- Itchiness and red or pale skin
- Dizziness and fainting

If any of the above occurs and you are in the Health Centre, please tell a member of staff.

If the above happens when you have left the Health Centre, PLEASE SEEK MEDICAL HELP IMMEDIATELY